

Compliance Bulletin

Preventive services provided under the Affordable Care Act.

All members

- Yearly preventive care visits for adults (male* and female)
- All standard immunizations recommended by the American Committee on Immunization Practices

All members at an appropriate age or risk status

- Colorectal cancer screening (including CT colonography*, fecal occult blood testing, screening sigmoidoscopy, and screening colonoscopy)
- Cholesterol and lipid disorders
- Certain sexually transmitted diseases screening including HIV
- High blood pressure, diabetes and depression screening
- Screening and counseling in a primary care setting for alcohol or substance abuse, tobacco use, obesity, diet and nutrition

Women's health

The following guidelines for women were effective for plan years beginning on or after Sept. 23, 2010:

- Mammography screening (film and digital) for all adult women*
- Genetic screening and evaluation for the BRCA breast cancer gene
- Cervical cancer screening including Pap smears
- Sexually transmitted diseases screening including gonorrhea, Chlamydia, syphilis and HIV
- Iron-deficiency anemia, bacteriuria, hepatitis B virus and Rh incompatibility screening in pregnant women
- Breast-feeding counseling and promotion
- Osteoporosis screening (age 60 and older)*
- Counseling women at high risk of breast cancer for chemoprevention

Expanded women's preventive care services on or after Aug. 1, 2012

- Breast-feeding support, supplies, and counseling, including costs for renting or purchasing specified breast-feeding equipment
- Domestic violence screening and counseling
- FDA-approved contraception methods, sterilization procedures and contraceptive counseling
- Gestational diabetes screening for all pregnant women*
- HIV counseling and screening for all sexually active women
- Human papilloma virus DNA testing for all women 30 years and older
- Sexually transmitted infection counseling for all sexually active women annually
- Well-woman visits including preconception counseling and routine, low-risk prenatal care

Men's health

- Prostate cancer screening for men (age 40 and older)*
- Abdominal aortic aneurysm screening in men (age 65-75) who ever smoked
- Human papilloma virus (HPV) vaccine for males age 9-26

Children

- Newborn screening for hearing, thyroid disease, phenylketonuria and sickle cell anemia and standard metabolic screening panel for inherited enzyme deficiency diseases
- Counseling for fluoride use
- Major depressive disorders screening
- Vision screening
- Developmental/autism screening
- Lead and tuberculosis screening
- Obesity counseling

The Department of Health and Human Services has defined the preventive services to be covered with no cost-share as those services described in the U.S. Preventive Services Task Force A and B recommendations, the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and certain guidelines for infants, children, adolescents and women supported by the Health Resources and Services Administration (HRSA) Guidelines including the American Academy of Pediatrics Bright Futures periodicity guidelines.